

## 1

STAND ALONE LESSON

## What Is Communion?

[PursueGOD.org](http://PursueGOD.org)

*Props: Put the phrase "COMMUNION" in big bold colors up on the wall. Cut out a cup and a loaf of bread from construction paper and put them beside the phrase. WW*

**Slide: Welcome**

*(Start kid's countdown once all classes are present.)*

Hey kids! Welcome to Kid's Church. I'm so glad you could be here today.

**Slide: Series Intro**

Today we're going to talk about something that is really important to every Christian- Communion! Has anyone ever heard of that? (allow kids to answer) Maybe you've heard your parents talk about it or maybe you've seen them do it at church. Communion usually happens in the big church service where people eat a piece of bread and drink some juice. What's that all about? Well, it all started with Jesus.

We'll talk about that more in a few minutes. But first, let's stand and sing.

**Song**

*I Have Decided to Follow Jesus*

Good job! I think God loves hearing all your voices praising him! Now let's say our Big Idea together.

**Slide: Big Idea**

*All together:*

Communion reminds us of what Jesus did on the cross. *(Repeat)*

**Video**

*Play lesson video.*

**Slide: Recap**

So, what did we learn from the video today? Let's review...

- Who came up with the idea of communion? (Jesus)
- What does communion help us to remember? (Jesus dying on the cross for us)

- True or False: Communion is for anyone who has put their trust in Jesus.(T)

Great job! So Jesus had one last dinner with all of his close friends right before he died on the cross. They were together celebrating the Passover, which was an event that happened a LONG time ago when God's angel passed over God's people and protected them. But Jesus had something else on his mind besides the Passover. He wanted to talk to his friends about something that was about to happen to him. So, Jesus used what they were eating for dinner as a way to tell a story. He took some bread and juice and told them that the bread was a symbol of his body and the juice was a symbol of his blood.

That reminds me of our memory verse. Let's all stand and say it together.

### **Slide: Memory Verse**

"This is my body (mock break bread), which is given for you (offer hands). Do this (mock eat) in remembrance of me (point up)." Luke 22:19b *(Repeat)*

You guys are awesome. You see, Jesus knew that he was going to die on the cross to pay for the sins of every person. He wanted his friends to remember his sacrifice. And, he wants us to remember his sacrifice, too. That's why Christians take communion today. We do it to remember what Jesus did for us-that his body was broken for us and his blood was spilled for us to take away our sins.

Communion isn't just for adults. If you've put your faith in Jesus, you can take communion, too. The point of communion is to remember that Jesus died for us to take care of our sin problem. If you've put your trust in Jesus, then you can take Communion. Make sure to talk to your parents about it.

Now let's all stand and sing one last song together.

### **Song**

*I'm All In*

Okay, let's all say the Big Idea together one last time!

### **Slide: Big Idea**

Communion reminds us of what Jesus did on the cross. *(Repeat)*

### **Slide: Let's Pray**

*Pray and dismiss.*