

Three Steps for Talking Through Expectations

WORKSHEET

DISCUSSION GUIDE

[Online @ pursueGOD.org/marriage](http://Online@pursueGOD.org/marriage)

✓ Step 1: Discover your expectations

Instructions: Use the space below to write out your expectations (or missed expectations) in marriage. Try to be clear, concise, and specific.

✓ Step 2: Talk about it

Instructions: Use the questions below to talk about your items from Step 1.

1. Where do you think your expectations come from (your parents' marriage, movies, books, etc.)? Explain.
2. How often do you have missed expectations in your marriage? When did you first notice it?
3. On a scale of 1-10, how realistic are your expectations? Let your spouse answer this as well. How similar or different are your answers? Are either of you surprised?
4. Is there anything else you'd like to say about your expectations? Takes some time to do that now.
5. Talk about what you want to do moving forward after this conversation. Use the space in Step 3 to list your action steps as a couple.

✓ Step 3: Live it out

Instructions: Use the space below to list out practical action steps you will take in the days and weeks ahead.

Take the [Foundations](#) series to learn about the three basic truths of the Christian faith.

