

Rules Make Us Free | Versus for Kids #2

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Hey kids! In today's lesson we are going to talk about something that most kids don't really like: RULES. We all have different rules at school and at home. What are some rules you have to follow? Maybe a rule you have at home is that you have to do all your chores before you can play. And maybe at school one of the rules is you have to be quiet in class. No matter what the rules are, we have to follow them.

Fish are _____ to swim in water

If you've ever had a pet fish, like Fred, you know how they live their life. They spend all of their time swimming around in their tank. There aren't rules that prevent it from swimming in their tank. They can swim under rocks, through plants, even right up close to the surface. Fish are free to swim wherever they want in the tank full of water.

Fish are not free to swim on the _____

What happens when a fish like Fred leaves water? It will flop around and won't be able to breathe and will eventually die. That's because fish need water to breathe. Remember, God designed them to live in water, not on the sidewalk. So, a fish can't just change the rules one day and decide to go for a walk around the park. They won't survive if they aren't in the water.

God's _____ for kids are like water for fish

Do you get it? When a fish follows the rules and stays in the water, they're free to swim around and live a long life. Water is not bad for them, it's where they're meant to live! But what if a rebel fish said, "I want to break the rules and get out of this water and live on the sidewalk!" That fish would die, right?

Jesus is telling us that we have to follow the rules that he gives us. Why? They keep us safe and away from danger. Just like for Fred the fish, God's rules make us free to live a great life.

Answers: free, sidewalk, rules

Parent Signature: _____

Questions:

1. What was your favorite part of the video? What is one thing you learned from the video?
2. Describe the coolest fish you've ever seen whether in the ocean or at the pet store.
3. What are some of the rules you have to follow at home? How about at school? How do those rules keep you safe?
4. Why is it dangerous to break the rules? Think of a rule in your life, that if you broke it, would put you in danger.
5. What are some of the rules we find in the Bible? Why are those rules important to follow?
6. Read [James 1:22-25](#). What does this passage say we need to do with God's rules? What happens when we follow God's rules?
7. How will you apply this lesson to your life this week?