

# What Is Communion? (Kids)

 [www.pursuegod.org/what-is-communion-kids/](http://www.pursuegod.org/what-is-communion-kids/)

Hey kids! Today we are going to be talking about something really important. It's something called communion. Communion is a special thing Christians do. Maybe you've seen adults do this in the big service where they take a piece of bread and some juice and eat it. It might sound pretty silly but there's a very important reason Christians take communion.

## \_\_\_\_\_ Is Jesus' Idea

Jesus had this idea when he was having a special dinner with his disciples. The dinner was to remember something called Passover which had happened a long time before Jesus was born. It was a miraculous event where an angel of the Lord passed over the land and protected the Israelites from being killed by a mean king. Every year, the people would celebrate the Passover to remember how God had saved them. That's what Jesus and the disciples were celebrating at the time of the first communion.

But, this meal was important for another reason. It was the last meal Jesus would have with his disciples. Jesus knew what was about to happen to him. He was going to go to the cross to die for the sins of the people. But the disciples didn't know that yet. So, Jesus used this last supper to explain what he was about to do for them.

## Communion Is a Way to \_\_\_\_\_ What Jesus Did on the \_\_\_\_\_

That's why Christians still take communion to this day. It's about being reminded of what Jesus did for us on the cross and it's a time to celebrate how he has saved us. When you do communion the bread and juice symbolizes what Jesus did for us. The bread is a symbol of his body that was broken for us. The juice symbolizes his blood that was spilled to pay for our sins.

| **Luke 22:19b** *This is my body, which is given for you. Do this in remembrance of me.*

## Communion Is For Anyone Who Has Asked \_\_\_\_\_ Into Their Hearts

This is important. Communion is for people who have put their trust in Jesus. So, you shouldn't take communion if you haven't asked Jesus to live in your heart. So, do that first, and then you can take part in communion! If you want to take communion you should talk to your parents about it. They'll help you to know if you are ready for it.

Answers: *Communion, Remember, Cross, Jesus*

Parent Signature: \_\_\_\_\_

## Questions:

1. *What was the Passover about?*
2. *What is communion all about?*
3. *Why do we still take communion today?*
4. *What does the bread symbolize? What about the juice? Who should take communion?*
5. *Read [Isaiah 53:5](#). Who suffered for us? Why did Jesus do all that for us?*
6. *How will you apply this lesson to your life this week?*