

LESSON OVERVIEW

Big Idea: What God gives us is good for us.

Key Question: How does God know what's good for us?

Memory Verse: Trust in the Lord with all your heart; do not depend on your own understanding. **Proverbs 3:5**

Overview: We're continuing in our series about what it really means to be a Christian. A Christian is just another name for a follower of Jesus. Last week we learned what a "kinda sorta" Christian is all about. A "kinda sorta" Christian says they believe in God but they don't make him a priority. We learned that God wants to be our best friend. In order for us to know God like a best friend, we have to spend time with him by doing things like reading our Bible and praying. Today, we're going to talk about how we should relate to God. A "kinda sorta" Christian treats God like their favorite fast food restaurant. They tell God what they want in life and expect that it will be exactly as they say. But that's not how God works. We don't tell God what we want. He tells us what we **should** want. After all, God is the God of the whole universe. He can see everything from beginning to end. He knows what we need. We may think we know what we want but we don't. A true Christian trusts that God knows what is best. Instead of telling God what we want, we should ask God to show us what he wants for us. We should trust that no matter what comes along in life, God's plan is best.

CLASSROOM AGENDA

- 5 min **PLAY:** Begin working on Activity Page #1.
- 5 min **WARM UP:** What's your favorite fast food restaurant? Why is it your favorite?
- 5 min **PREVIEW:** Write out the Big Idea and Memory Verse and Key Question on a whiteboard. Have the kids copy it down on Activity Page #1. (if applicable)
- 20 min **LARGE GROUP:** Gather for songs and videos with other kids. Then return to small group to finish this guide.
- 5 min **RECAP:** Read the **Lesson Overview** from the Teacher's Guide to the class and then **answer** the KEY QUESTION.
- 5 min **EXPLORE:** Read [Isaiah 40:31](#). Why should we trust in the Lord? Why is it better to follow God's plan instead of our own?
- 10 min **PLAY:** Do the group activity from Activity Page #2.
- 5 min **CLOSE:**
 - What did you learn from the lesson today?
 - Share prayer requests and pray as a class.

TEACHER TIPS

Don't forget that you set the tone for your kids. Smile. Have fun. Pursue God together.

Allow each kid to share. The point: We all love going to our favorite restaurant and ordering our food just how we like it. Some people think that's how it works with God. We can order up our life just how we want it. But, that's not true.

Answer: Because God knows everything and he created each and every one of us!
God created this world and everything in it. He knows how things are suppose to work. He knows what's good for us and he knows the dangers we should avoid. And, because God created each one of us, he knows exactly what we need when we need it.

Bonus Questions: What are some of your favorite things God has created? What are some unique qualities God has given you?

4-5th: Why should we trust God with our lives?

God is the source of our purpose and strength. He gives us everything we need in this life. If we choose to obey and follow his plan for our lives, we will accomplish way more than we ever could on our own. God knows everything, including us. He has a plan and we should follow it.

Allow each kid to share.

ACTIVITY PAGE #2

Classroom Activities **2nd-5th**

Option #1

The "?" Craft

- Give each kid a "?" craft template (**page 5**)
- Have kids cut out the square craft
- As a class, follow the instructions on how to fold the square to make the "?" craft work (**works like a cootie catcher or fortune teller game**)
- Then, have kids get in pairs and play the "?" game
 - Game works by one kid holding their "?" craft on their fingers and their partner starts by choosing a color.
 - Once chosen, the kid holding the craft moves their fingers in and out while spelling the color they chose.
 - Then the partner chooses a number and the kid holding the craft counts off the number chosen while moving fingers in and out.
 - Have the partner choose a number again and the kid counts it off
 - Then, the partner chooses another number and the kid opens that flap which reveals two questions. The kid with the craft asks the question to their partner, who then answers the question.
 - Have kids switch roles.

Supplies needed

- "?" craft template (pg 5), one per kid
- scissors

Bonus Activity:

Play the **True or False** game.

See who is the quickest to answer correctly

1. You should trust God with your life. (T)
2. God knows everything (T)
3. We know what we need better than God. (F)

Option #2

God is.....Bible Hangman

- Put the pre cut hangman words (**page 6**) in a bowl
- Draw a hangman template on the whiteboard
- Choose one kid to come up and draw out a word from the bowl. Have them put the blanks on the board for each letter of the word
- Have the kid call on other kids to guess letters and have them fill in the correct letters in their proper blank. If wrong, have them write those letters to the side and draw a portion of the hangman's body
- See if the class can solve the puzzle before the hangman is drawn

Supplies needed

- hangman words (pg 6), pre cut
- bowl
- whiteboard and markers

Bonus Activity:

Play the **Find the Book** game

Have kids get into pairs. Give each pair a Bible. Have them race to find the books below. First to find has to say if it's in the OT or NT.

Books: Luke, 1 John, Ezra

1 Discover Truth

Watch this week's lesson video as a family (see link above) and fill in the blanks.

1. Lesson #1: You can't _____ God like a kid's meal.
2. Lesson #2: What God gives us is _____ for us.

2 Talk about it

Answer these questions together as a family.

1. What's your favorite fast food restaurant? Why is it your favorite?
2. Create a list of words that describe God. What is your favorite thing about God?
3. Why can't we tell God what we want from life?
4. Share a time you asked God for something and you got it. Share a time you asked God for something and didn't get it. How did that make you feel?
5. Why can the hard stuff in life still be good for us?
6. Read [Isaiah 40:31](#). Why should we trust in the Lord? Why is it better to follow God's plan instead of our own?

3 Live it out

Memorize this week's Bible verse:

"Trust in the Lord with all your heart; do not depend on your own understanding."

Proverbs 3:5

Bonus: Read these additional passages as a family this week

- Read [Proverbs 16:3](#). How does trusting in God help us in life?
- Read [Isaiah 26:3](#). What does this passage say we will have when we trust in God?
- Read [Philippians 4:19](#). What does God give us?

Parent Signature _____

Learn the 3 basic truths of the Christian faith in the [Foundations for Kids](#) series.



ACTIVITY PAGE #1

2nd-5th Grade

Kids

PUZZLE #1

D W U X J I Q X Q B L I Z S C
C S K E M T N B M A D H V C Y
T E S D V N W O H X I I T P F
U U B U O G K S E O J L K Y G
S X C G R B S G I P Y H D N H
G P G Z R G X H A P U X M F D
T V Y C T K O D E V Q K B F O
Q X M P N U A O F R P P D Z Q
Q T F P R A Z J V Y T X U T M
E L B I B O L Z Q L A C R R R
V O U A Y X V P R M H Z J U E
G E S N K L J E O L Y Z M S S
N N L K X X R P R R Y Y B T Y
K V Q U O V S N O B H B O P V
R H X U H F F F R M S F T N R

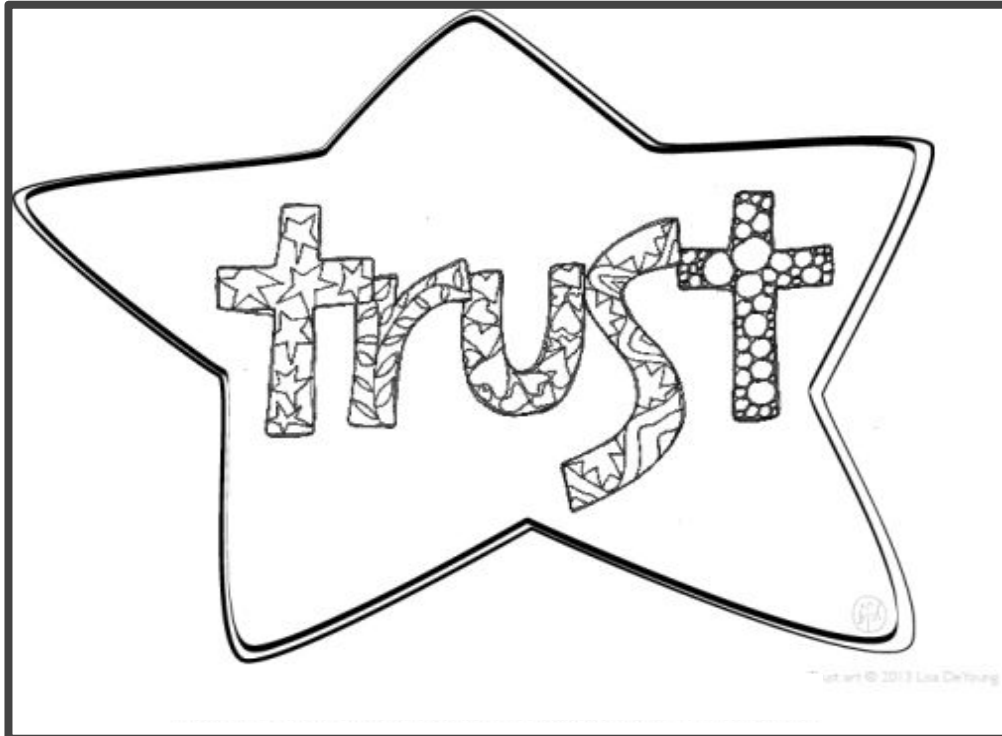
Bible
Jesus
Plan
Proverbs
Trust

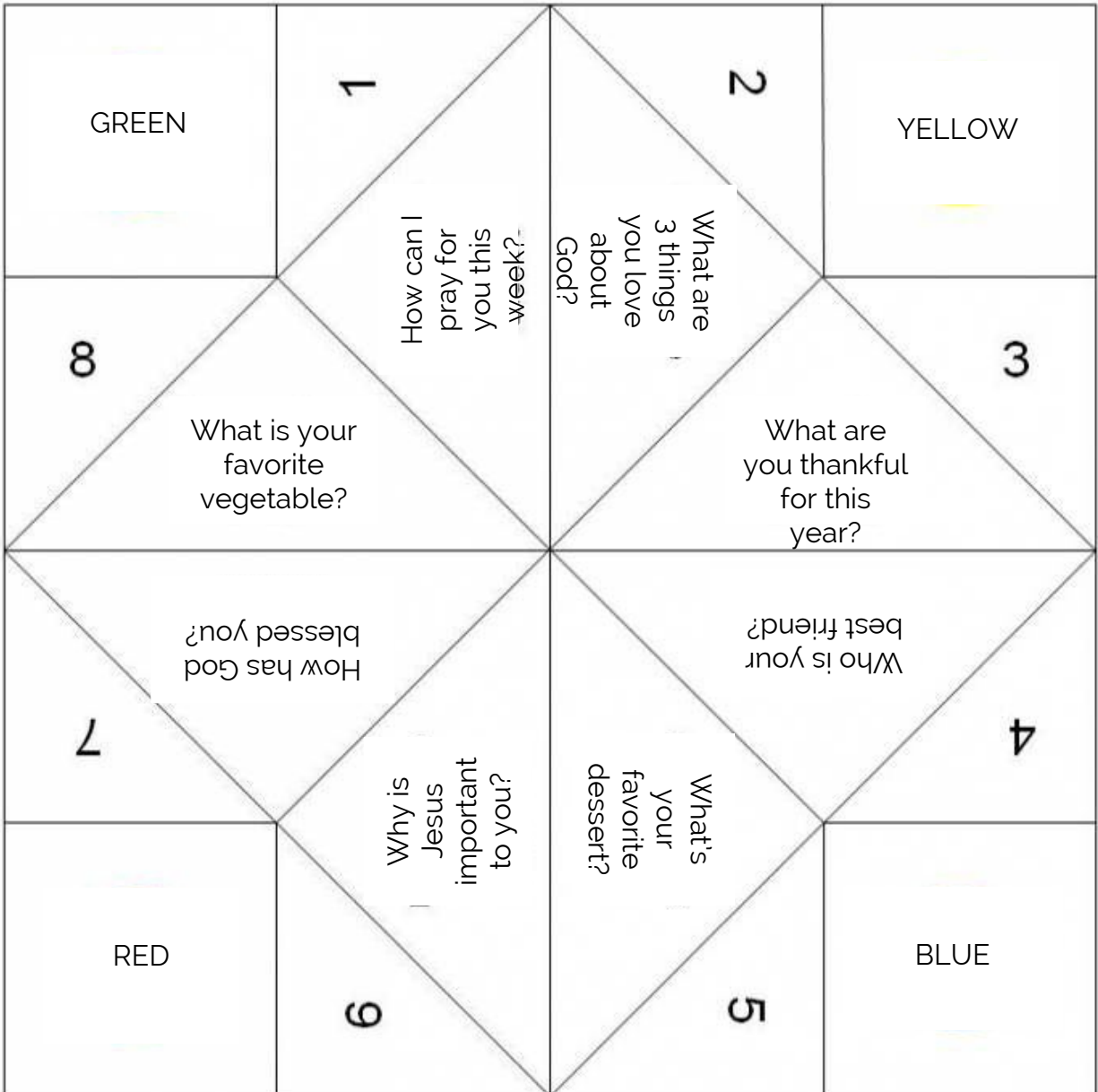
BIG IDEA

KEY QUESTION

MEMORY VERSE

COLOR





Instructions:

1. Cut out your the "?" craft square from the paper
2. Fold the square in half and in half again
3. Open up the square and flip over
4. Fold each corner into the middle
5. Flip over and fold corners in the middle again (makes a smaller square)
6. Then fold it in half so colors are on the outside and put a thumb and index finger from each hand under the flaps

LOVE

FORGIVING

FAITHFUL

GRACIOUS

HOLY

MERCIFUL

TRUE

PERFECT