

# How to Say You're Sorry (And Really Mean It)

## week 3

Slides and Videos are in **bold**.

**Props:** Use different talk bubble shapes to emphasize what God does say around your large group space. You could also incorporate the words, "happy", "temptation", and "forgiveness" in different sizes and fonts.

### **-SLIDE- Welcome**

**Start kid's countdown once all classes are present**

### **-SLIDE- Series Intro (2 min)**

Hey kids! Welcome to kid's church. I'm so glad you could be here today. We're gonna have fun, right? Let's get started.

Who was here last week when we talked about temptation? **(allow kids to answer)** Great! Let's review. We **should** do things we know we're not supposed to do. Is that right? **(allow kids to answer)** Oh yeah, sorry! We're **not** supposed to give in to things we know we're not supposed to do. Who remembers the 4 things we need to do when we're tempted to do something wrong?

Let's say them all together. We should take our \_\_\_\_\_(thoughts) captive. We should run away from \_\_\_\_\_(bad things). Give me an example of something we should run away from? **(allow kids to answer)** Good, like leaving the room if a bad movie or video game is being played. We should chase \_\_\_\_\_(better things). What are some better things we should chase? **(allow kids to answer)** Good, things like reading our Bible and going to church. And the last one is, \_\_\_\_ (tell) someone when you're struggling. Who can we tell? **(allow kids to answer)** Right, like your parents or small group leader.

Good job! You guys are ready to fight temptation!

### **-SLIDE- Lesson Intro (2 min)**

Today, we're going to talk about being truly sorry when we mess up. We're going to talk about a real "I'm sorry" versus a fake "I'm sorry". Do you like it when a friend says sorry to you but then just keeps doing the same thing to you over and over? **(allow kids to answer)** Me neither. That's why it's important to know what makes an "I'm

sorry" real. We'll talk about that more in a few minutes, but first, let's stand and sing our first song!

**-SONG- We Are Your People (3 min)**

That was great! Good job. I think God loves to hear all your voices praising Him. Now, let's sit down and say our big idea and key question together!

**-SLIDE- Big Idea: There are 4 things you need to do if you want to be truly sorry.**  
(repeat with kids)

**-SLIDE- Key Question: What does it mean to confess our sins?**

That's a great question, let's listen to our video closely to see what it means to confess our sins to God.

**-VIDEO- Sorry (4 min)**

**-SLIDE- Recap (3 min)**

So, what did we learn from the video today? Let's review...

- True or False: When we mess up, don't admit it. (F)
- When we mess up, we need to \_\_\_\_ that it hurt others. (admit)
- What two things do we need to change to be truly sorry? (Attitude/Actions)

Good job! So, if we really want to be sorry, then we need to admit when we're wrong and that we hurt someone's feelings. And, we have to change the way we think and act or we will likely keep making the same mistakes over and over.

Did you know that this works in our relationship with God, too? God doesn't want fake "I'm sorry's" from us just like we don't want that from our friends. God wants us to mean it when we say it. And here's the great news, when we say "I'm sorry" to God, he promises to forgive us! That's what our memory verse is about. Let's stand and say it together.

**-SLIDE- Memory Verse:** "But if we (point at self) confess our sins to him (point up), he is faithful (left hand over heart) and just (right hand over heart) to forgive us our sins and to cleanse us (point at self) from all (spread arms out) wickedness. 1 John

1:9

**(Repeat)**

Great job! This verse is telling us that when we mess up and say, "I'm sorry", God will forgive us! So, does that mean we can say "Hey God, sorry I called that kid a mean name" but then go do it again the next day? **(allow kids to answer)** NO! That would be a fake "I'm sorry" to say the words but show no change in thinking and action. God wants us to mean it when we say it to him and to others.

So, follow the 4 steps to make sure your "I'm sorry" is real and not fake. Let's review them now. The first is to admit that we are \_\_\_\_ (wrong), then we admit that it \_\_\_\_ (hurt) others, which causes us to change our \_\_\_\_\_ (thinking), which changes our \_\_\_\_\_ (actions)! Wow, you guys are so smart!

Now, let's all stand together and sing one last song.

**-SONG- Happy Day (3 min)**

Okay, we're ready to answer the Key Question.

**-SLIDE- Key question: What does it mean to confess our sins?**  
**(allow a few kids to answer).**

**-SLIDE- The answer: Confess is just another word for admitting when you're wrong**

You'll talk more about this in your small groups today. But, before we go, let's say the Big Idea one last time...

**-SLIDE- Big Idea: There are 4 things you need to do if you want to be truly sorry.**  
**(Have kids repeat)**

**-SLIDE- Operation Christmas Child**

Don't forget about this special opportunity for you to bless other kids all around the world! Many kids never have any presents to open on Christmas and they don't have any toys to call their own. But, you can change that! You can fill a shoebox full of special things to bless another child and show them the love of God. Have your parents pick up an information sheet at the KC desk today. Boxes are due **October 25th.**

**-SLIDE- Let's Pray (then dismiss)**

**-SLIDE- Let's go to small groups**

