



Parenting

IN A SEXUALIZED CULTURE

Overview:

Our kids are being inundated with sexual messages every day. Learn some tips for how to talk about sex in your home.

Lessons:

1. Parenting in a Sexualized Culture
2. The 4 P's of Biblical Sex
3. Be This When You Talk To Your Kids About Purity



PARENTING IN A SEXUALIZED CULTURE

Find discipleship resources at pursueGOD.org/Parenting-in-a-Sexualized-Culture

TALKING POINTS

Sexual purity starts with the right mindset. It isn't about working hard to be pure but rather pursuing purity through a vibrant relationship with Jesus.

- Kids are exposed to over _____ sexualized messages a year. It is an _____ and parents need to _____ in this battle.
- _____ is as an ongoing pursuit of making the right decisions every day to honor God. It's a _____, not an _____. **1 John 3:2-3**
- God does not call us to stay pure, but to _____. And, it doesn't end once we're _____. **Matthew 5:27-28**
- Purity is the work of God working in us. We aren't in the battle _____. Christ in us gives us the strength to avoid _____.

DISCUSSION

1. *Does that statistic of 14,000 images shock you? Explain. Do you know what your kids are viewing on their phones or online?*
2. *What has your definition of purity looked like up to now? Have you ever felt like you failed at purity? Explain.*
3. *Why is it important to understand that purity is an ongoing pursuit throughout life rather than just a one-time accomplishment?*
4. *Read Matthew 5:27-28. What safeguards do you have in place for yourself to protect your marriage? What more might you both need to do?*
5. *Read 1 John 3:2-3. How do you feel about the statement "It is not about staying pure, it is about Christ purifying me"? How can that concept help us explain purity as a relationship to our children?*
6. *Read Romans 3:23-24. How does this verse explain that purity is a pursuit that is only possible through our relationship with God?*
7. *How can you invite your children into the pursuit of purity?*

THE 4 P'S OF BIBLICAL SEX

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TALKING POINTS

Sex is about pleasure, procreation, protection and a proclamation. Teach your kids all of the P's so they have the right picture of what sex is and what it isn't.

- Many parents wonder how they're supposed to broach the subject of _____ with their kids. The key is not to be _____ of it. Your kids will learn about sex one way or another, so it might as well be from you.
- There are 4 P's to God's design for sex:
 - _____. God created sex for our pleasure. It's okay to tell your kids that sex is fun and enjoyable.
 - _____. Sex is for making babies but sex is also about creating new life. When a husband and wife marry and have sex, they are joined as one. A new creation is born in this context as well.
 - _____. The sexual union protects couples from outside _____. Couples shouldn't deprive each other of sex so not to be tempted to seek it from someone else.
 - _____. The sexual union between married couples tells a bigger story. It reminds us that God created us with a plan and a desire for pleasure. And, marriage is a reflection of how Christ loves his Church.

DISCUSSION

1. *How was sex discussed or portrayed in your home growing up? What was helpful? What was confusing?*
2. *Do you know what messages your kids have already received about sex? Explain. How could you find out what they know already?*
3. *What makes you the feel the most uncomfortable about broaching the sex talk with your kids?*
4. *Review the 4 P's. How could incorporating these things help you to have a conversation with your kids?*
5. *Read 1 Corinthians 7:5. How healthy is your sexual relationship with your spouse right now? How can it improve?*

BE THIS WHEN YOU TALK TO YOUR KIDS ABOUT PURITY

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TALKING POINTS

A successful conversation with your kids about purity requires intentionality, being a good story teller and being vulnerable.

- Parents, create a _____ culture in your home so that you can have meaningful discussions about the stuff that matters-like _____.
- The “_____” shouldn’t be a one time deal. It should be an ongoing conversation that changes as your kids _____.
- Three things that will help your conversation:
 - Be _____. Be the person they feel comfortable coming to when they have questions or concerns about sex or anything else.
 - Be _____. Tell a better story than what our culture says about sex. Don’t be afraid to talk about how God designed sex to be fun and meant for a husband and wife.
 - Be _____. Don’t be afraid to share some of your own story. Your kids can learn a lot from hearing about what you learned from your mistakes.

DISCUSSION

1. *On a scale from 1-10, how often do you talk about meaningful things as a family? How can you carve out more time in your family schedule to have intentional talks?*
2. *Why is a one time sex talk not enough? Why will the conversation change as your kids get older?*
3. *Would your kids say you are approachable? Explain. How can you create a safer environment for your kids to talk to you about more personal things?*
4. *Read Proverbs 5:15-19. God designed sex for our delight and pleasure. How can you model a healthy view of sex in your home?*
5. *Read 1 John 1:5-7. What part of your own story are you willing to share with your kids? How will you encourage them to share with you if and when they mess up?*

