Have you ever been lost while driving and unsure of what road to take? One road will take you where you want to go, but the other one will lead you in the wrong direction. The Bible says that this is how life is. There are two paths you can take in life: the road that takes you to God or the road that pulls you away from God. Look at how Psalm 1 describes this path:

**Psalm 1:1-2** Oh, the joys of those who do not follow the advice of the wicked, or stand around with sinners, or join in with mockers. But they delight in the law of the Lord, meditating on it day and night.

### Road that Pulls You Away from God

Psalm 1:1 describes three ways that you can get pulled on to the road that takes you away from God.

First, you can follow the advice of the wicked. Now when you hear “the wicked,” you may not be sure what that refers to. It’s talking about people who give you bad advice. You go down the wrong road when you listen to people who give you bad advice about God and how to live your life.

Second, you can get pulled away from God by standing around with sinners. This refers to allowing people who don’t care about God to have lots of influence in your life. Now, this verse doesn’t mean that we should only hang out with Christians. Jesus hung out with messed up people. But we have to be careful about who influences us.

Third, you can get pulled away from God by joining with the mockers. This means that you are actually mocking Christians and people who want to honor God. As you can tell, this list in verse 1 just gets worse and worse. First, you just listen to some bad advice, and by the end you are actually mocking Christianity. This is the road we want to avoid.

### Road That Takes You to God

God uses different language to describe people on this road. He says that they enjoy God’s Word and think about it all the time. Instead of turning to the wrong influences for advice, people on this path turn to the Bible for wisdom. This is what it means to meditate on the Bible. It’s not like you do some weird yoga chant for the Bible. It means that you are always asking, “God, what do you want me to do in this situation?” The Bible has some interesting language to describe people on this path.

**Psalm 1:3** (NLT) They are like trees planted along the riverbank, bearing fruit each season. Their leaves never wither, and they prosper in all they do.

If you are on the right path, the Bible says that you are like a tree. Now that may not sound too exciting, but the Bible is trying to describe what happens in your life when you choose God’s way. You are like a tree planted by a river. You’re always healthy and you always produce awesome fruit. But the people who are on the path away from God are like a sick and dying tree. They produce disgusting, rotten fruit.

You have a choice in life. What road are you going to take? God wants you to take the path that leads to him.
Discussion Questions:

1. Watch the video together or invite someone to summarize the topic.
2. What is your initial reaction to this video? Do you disagree with any of it? What jumped out at you?
3. Describe a time when you got lost. What happened?
4. Read Psalm 1:1. Give an example of each of the three ways that people can get pulled on to the road that will take them away from God.
5. How can you spend time with people who aren’t Christians without allowing them to overly influence you?
6. Read Psalm 1:2. What does it mean to meditate on the Bible (“The law of the Lord”)? How can you practice this?
7. Why would someone delight in reading the Bible?
8. Read Psalm 1:3. What will happen to you if you stay close to the wisdom of the Bible for your entire life?
9. Why do you think God allows us to choose which path to take in life?
10. Write a personal action step based on this conversation.